



Trans Community Resources

Updated: 10/23/2025

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Emergency

Crisis Hotlines

- **The Trevor Project** 866-488-7386
- **Trans Lifeline** 877-565-8860
- **Transgender Michigan Helpline** 855-345-8464

Domestic Violence Support

- **Safe Haven Ministries** 616-452-6664
- **YWCA** 616-454-9922

Legal

Document Changes (Name, License, Birth Certificate)

- **GR Trans Foundation “Update!” Program** (name change and legal document support, financial assistance; Kent County only)
grtransfoundation.org/Update-Program
- **Kent County Name Change** <http://tinyurl.com/3ub9raz8>
- **One-stop hub for name and gender change information**
transequality.org/documents/state/michigan
- **Equality Michigan Name Change** <https://tinyurl.com/eqminc>
- **TransPapers.lgbt** MI name change paperwork support

Legal Assistance / Attorneys

- **Equality Michigan** Department of Victim Services
equalitymi.org
- **National Center for Transgender Equality** transequality.org
- **Michigan ACLU** Jay Kaplan 313-578-6800
- **Ginny Mikita** (name changes) 616-866-1218
- **Charissa C. Huang** (Smith Haughey, Rice & Roegge)
616-774-8000
- **Law Office of Richard Kessler** 616-235-4577 (Kalamazoo)

Health

Healthcare Navigation

- **Health Equity Program (GR Pride Center)** LGBTQ+ Healthcare, Therapy Access, and Community Resource Navigation
health@grpride.org
- **Medicaid & Marketplace Assistance** Cherry Health 866-299-1339 (Grand Rapids)
- **Zoey A. O'Brien** (she/her) - Corewell LGBTQIA+ Patient Navigator 616-267-9488

PLEASE CONTACT GR TRANS FOUNDATION DIRECTLY (at info@grtransfoundation.org) FOR THE FOLLOWING LISTS OF AFFIRMING PROVIDERS:

- General Medicine / Primary Care
- Dentists
- Endocrinology/HRT
- Pediatric Endocrinology
- OBGYN
- Fertility Resources
- Massage / CranioSacral Therapy

VIRTUAL Endocrinology/HRT

Transclinique transclinique.com

Folx Health folxhealth.com

Plume getplume.co

HIV, PrEP, and Sexual Health

- **Red Project** 616-456-9063 redproject.org (Grand Rapids)
- **Planned Parenthood** 616-459-3101 (Grand Rapids)
- **Fountain St. Church Choice Fund** (financial assistance for abortion services) choicefund@fountainstreet.org

Gender-Affirming Surgery

**PLEASE CONTACT GR TRANS FOUNDATION DIRECTLY
(at info@grtransfoundation.org) FOR THE FOLLOWING LISTS
OF AFFIRMING SURGEONS:**

- Masculinizing Top Surgery
- Masculinizing Bottom Surgery / FtM / Phalloplasty / Metoidioplasty / Scrotoplasty
- Facial Feminization Surgery (FFS)
- Feminizing Top Surgery / Breast Augmentation
- Tracheal Shave
- Feminizing Bottom Surgery / MtF / Orchiectomy / Vaginoplasty
- Electrolysis / Laser Hair Removal

Mental Health / Therapy

**PLEASE CONTACT GR TRANS FOUNDATION DIRECTLY
(at info@grtransfoundation.org) FOR THE FOLLOWING LISTS
OF AFFIRMING MENTAL HEALTH PROVIDERS / THERAPISTS:**

- Mental Health / Therapy
- Mental Health / Therapy: Trauma-Informed
- Mental Health / Therapy: Eating Disorders
- Mental Health / Therapy: Youth under 18
- Psychiatric Medicine / ADHD / Autism

Medical Coverage

- **CostPlus Drugs** costplusdrugs.com
- **GoodRx** goodrx.com
- **State Assistance** <https://tinyurl.com/hivpeople>

Social / Support Groups

2SLGBTQ+ Social / Support Groups

- **GR Pride Center Support Groups**
grpride.org/programs-services/#supportgroups
- **GR Trans Foundation “T time” Monthly Trans Mixer**
grtransfoundation.org/t-time
- **Enby Social Club** Non-binary social group
enbysocialclub@gmail.com
- **The RACK** therackgr.com/
- **Trans Support Group** led by Jason Kae-Smith 616-690-0010
- **Stand With Trans: Trans Youth Support Group** (ages 13-17)
standwithtrans.org/support-groups
- **Stand with Trans Parent Support Group**
slange@cvcs.k12.mi.us
- **LGBTQ+ Survivors Support Group** at YWCA ywcawcmi.org/

Misc. Social / Support Groups

- **Freedom from Religious Trauma** led by Willow Wren @ Black Cat Bodega, 1st Wednesdays
- **Parent With Love** <https://parentwithlove.northwestern.edu/>
- **Queerspawn** <https://queerspawresource.org/about-grp/>

Scholarships

Surgery Scholarships

- **Genderbands** genderbands.org/grants
- **Jim Collins Foundation** jimcollinsfoundation.org/apply
- **Point of Pride**
pointofpride.org/annual-transgender-surgery-fund

Higher Ed Scholarships

- **GR Trans Foundation Academic Scholarship**
grtransfoundation.org/Academic-Scholarship

- **GR Community Foundation** www.grfoundation.org/apply-for-scholarships
- **Vocational and trade school scholarships for 2SLGBTQ+ students** <http://tinyurl.com/3jsnfw8p>
- **STEAM Educational Grant** lgbttech.org/paths-grant

General Scholarships & Funds

- **LGBT Tech Individual Tech Grant (Tech for personal use)** poweronlgbt.org/grant-information
- **LGBT Tech Community Tech Grant** poweronlgbt.org/grant-information

Housing Support

- **AYA Youth Collective** Drop-In Center for youth 14-24 experiencing homelessness or instability 616-406-3945
- **The Bridge at Arbor Circle** Youth shelter (ages 10-17) 616-451-3001
- **Well House** 616-245-3910
- **Covenant House** Youth shelter (ages 18-24) 616-608-1380
- **R&R Space at Mel Trotter** Trans-only shelter. Mixed Reviews, recommended as last option. Ages 18+. 616-454-8249

Local Queer & Trans-Owned Businesses

- **Betka-Pope Productions** betkapopeproductions.com/
- **K Voice Studio** kvoicestudio.com
- **Lilith's Lair** lilithslairgr.com/
- **Red Maple CranioSacral Therapy** redmaplecst.com
- **Transfigure Print Co.** transfigureprintco.com/
- **Tobin Counseling** tobin-counseling.com
- **Rebel & Stick Fingers** rebelgr.com
- **Asada** asadaonwealthy.com
- **Anderson Barlow Contractors** andersonbarlow.com/

Trans-Friendly Workplaces

(Recommended by at least one Trans person; not formal recommendations by GRTF)

- **Adventure Credit Union** adventurecu.org/explore/who-we-are/careers
- **Amazon AA-GR-1**
- **Americorps** americorps.gov/serve
- **Aramark at GVSU** gvsu.edu/campusdine/jobs-4.htm
- **Autozone** Leonard and Seward St.
- **Coca-cola** coca-colacompany.com/careers
- **Farmers Insurance** farmers.com/careers
- **Grand Rapids Trans Foundation** grtransfoundation.org
- **Grand Rapids Pride Center** grpride.org/get-involved/careers/
- **Pharmhouse Wellness** pharmhousewellness.com
- **Scorpion Hearts Club** scorpionheartsclub.com/contact
- **Stella's Lounge** barflyjobs.com
- **Trader Joe's** traderjoes.com/home/careers
- **Vault of Midnight** vaultofmidnight.com
- **Valvoline** Plainfield Ave

Trans-Friendly Gyms/Training

- **David Hunting YMCA** gymca.org/branch/david-d-hunting-ymca
- **Planet Fitness** planetfitness.com
- **Catalyst Training Center** catalysttrainingcenter.com
- **Midwest Movement Collective** midmovecollective.com
- **Terra Firma Bouldering** climbterrafirma.com

Post-Carceral Support

- **Re-entry Reimagined** Julie Bylsma 616-259-0056
jbylsma@reentryreimagined.org

Trans-Affirming Places of Worship + Faith-Based Resources

- En Vivo Church
- First United Methodist of Grand Rapids
- Fountain St. Church
- Grace Episcopal
- Trinity United Methodist Church
- Temple Emmanuel
- Satanic Temple of West Michigan
- GIFT Grand Rapids (Gays in Faith Together)
- North Kent Presbyterian Church
- Muslim Alliance for Gender and Sexual Diversity
themasgd.org/
- Coming Out Muslim tinyurl.com/coming-out-muslim
- **Freedom from Religious Trauma** led by Willow Wren @ Black Cat Bodega, 1st Wednesdays

Indigenous Trans + Two Spirit Resources

- **Indigenous Influence 2SLGBTQ+ Talking Circle at NHBP**,
Melissa Hendrix (616) 293-3036
- **Nottawaseppi Huron Band of the Potawatomi** nhbp-nsn.gov/
- **Grand Valley Indian Lodge** <http://tinyurl.com/5n8buuh5>
- **Two Spirit Journal** twospiritjournal.com/
- **Native Justice Coalition's Two Spirit Program**
nativejustice.org/programs/twospirit/

Trans Latiné + Spanish Language Resources

- Trans Latin@ Coalition translatinacoalition.org/
- TransLatinx Network translatinxnetwork.org/
- Welcoming a Trans Family Member (In Spanish and Portuguese) <http://tinyurl.com/yt75kbn8>
- Using Gender Neutral Pronouns in Spanish <http://tinyurl.com/z6u4j98b>
- Hispanic Center of Western Michigan hispanic-center.org/
- Somos Familia somosfamiliabay.org/

Black Trans Resources

- HRC's Resources for Black Parents, Family Members and Caregivers of Black Transgender, Non-Binary and Gender-Expansive Youth <https://tinyurl.com/BlackFamiliesLGBTQ>
- Black Trans Men Inc blacktransmen.org/
- Black Trans Women Inc blacktranswomen.org/
- National Black Trans Advocacy Coalition blacktrans.org/about-us/
- Black Trans MX facebook.com/blacktransmx/
- Marsha P Johnson Institute marshap.org/
- MyBrotherToo www.mybrothertoo.com/
- The ROAD Project (Reuniting of African Descendants) theroadproject.org/
- Black Trans Fund groundswellfund.org/funds/black-trans-fund/
- Black Impact Collaborative bicgr.com/
- Grand Rapids African American Health Institute graahi.com/

Asian + Pacific Islander Trans Resources

- Asia Pacific Transgender Network weareaptn.org/
- Asia Focused Trans Resource Guide (TransLifeline) translifeline.org/resource_category/asia/
- National Queer Asian Pacific Islander Alliance www.ngapia.org/
- Grand Rapids Asian Pacific Foundation www.grapf.org/#

Intersex Resources

- InterACT www.interactadvocates.org
- Organisation Intersex International oiiinternational.com
- Intersex Campaign for Equality www.intersexequality.com

Immigration Resources

- Lambda Legal Resources for Trans Immigrants <http://tinyurl.com/mvu5tncu>
- Transgender Law Center Resources for Trans Immigrants transgenderlawcenter.org/resources/immigration-2/

Aging While Trans

- SAGE: National Resource Center on LGBTQ+ Aging lgbtagingcenter.org/
- Trans Aging: We're Still Here by Lambda Legal <https://tinyurl.com/AgingTrans>
- Trans Lifeline Aging and Elders translifeline.org/resource_category/aging-elders/

Accessibility + Disability Related Resources

- **Transgender Law Center Disability Project** transgenderlawcenter.org/programs/disability-project/
- **Accessible Binders: Shapeshifters** shapeshifters.co/
- **Blind LGBT Pride International** www.blindlgbtpride.org
- **Deaf Queer Resource Center** www.facebook.com/deafqueer
- **Rainbow Alliance of the Deaf** www.deafrad.org

Miscellaneous Gender-Related Support

Barbershops Mustache Mo's; Faded Barber shop; Outlook GR; Foremost Barbershop

Binders (Free) pointofpride.org/chest-binder-donations

Binders gc2b; Shapeshifters; Underworks; UNTAG; Amor Sensory; Spectrum Outfitters; Chest Binder Co

Bras & Bra Sizing abrathatfits.org; justmysize.com; Naughty Bettie

Breast Forms The Breastform Store; Gender Cat; Elegant Artifacts Shop; Feminique

GR Trans Foundation "Gender Junk" Closet Wigs, breast forms, shapewear, binders, ties, some clothing

Hair Stylists Anthony Michael Salon; Avantgarde Salon and Spa; Eastown Salon; Hair by Lisa; Lilith's Lair; Natalie's Design and Day Spa (Sarah Ritchie); Otto+Grand; The Haven Salon (Jenny); Ulta Beauty; Soleil Studio/ Hali Serrer

Makeup Panopoulos (Standale); Ulta Beauty; reddit.com/r/MakeupAddiction

Packers and Related Products TransGuySupply; WhereIsWilly; Banana Prosthetics; Gender Cat; Emisil; ReelMagik; FreeToM;

Axolom; Gramma's Sausages; MyPack; Cake Bandit;
TransEssentials

Shapewear and Tucking Leolines; GI Collection (Trans Tool Shed);
Origami Customs; TomBoyX; Rubies; Shapermint; Tuck Buddies;
Tuckituppp; TransEssentials

Surgery Support t4tcaregiving.org/,
<https://tinyurl.com/TransRecoverySupply>

Tattoo Shops Honest to Goodness; Wealthy St. Tattoo; Katrina
Keteri; Mos Eisley Tattoo; Wicked Ways; Lightning Revival;
Forever Ink; Balm (Trauma Informed)

TRANSportation <https://qrtransfoundation.org/transportation/>

Voice Training K Voice Studio (singing lessons, gender-affirming
voice coaching); Duncan Lake Speech Therapy (accepts
Medicaid); Grand Rapids Voice and Swallowing (trans-owned
Speech Therapy and gender-affirming voice training)

Wigs Elegance Wigs (Sue); paulayoung.com

Youth, Homelessness, Advocacy <https://tinyurl.com/ChoFamMi>

Get Involved

Grand Rapids Pride Center grpride.org

Grand Rapids Trans Foundation grtransfoundation.org

AYA Youth Collective ayayouth.org

Equality Michigan equalitymi.org

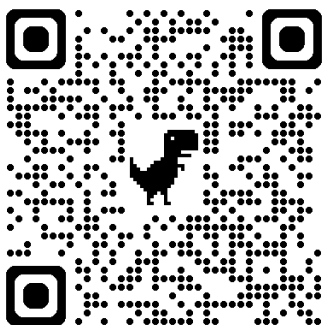
Grand Rapids Area Mutual Aid Network grmutualaid.com

Protest for Progress <https://tinyurl.com/protest4progress>

Help us improve this list!

Not finding what you were looking for? Try the TransPages resource by Transgender Michigan here transgendermichigan.org/

Resources on this list have been recommended by at least one local Trans person. GR Trans Foundation has not vetted them personally. If you are Trans / Nonbinary and have suggestions for additions to this list (or bad experiences with resources that are currently listed), please let us know!



Use the QR Code to the left to send us suggestions and recommendations for additions to this list! Or go to: tinyurl.com/GRTFsuggest